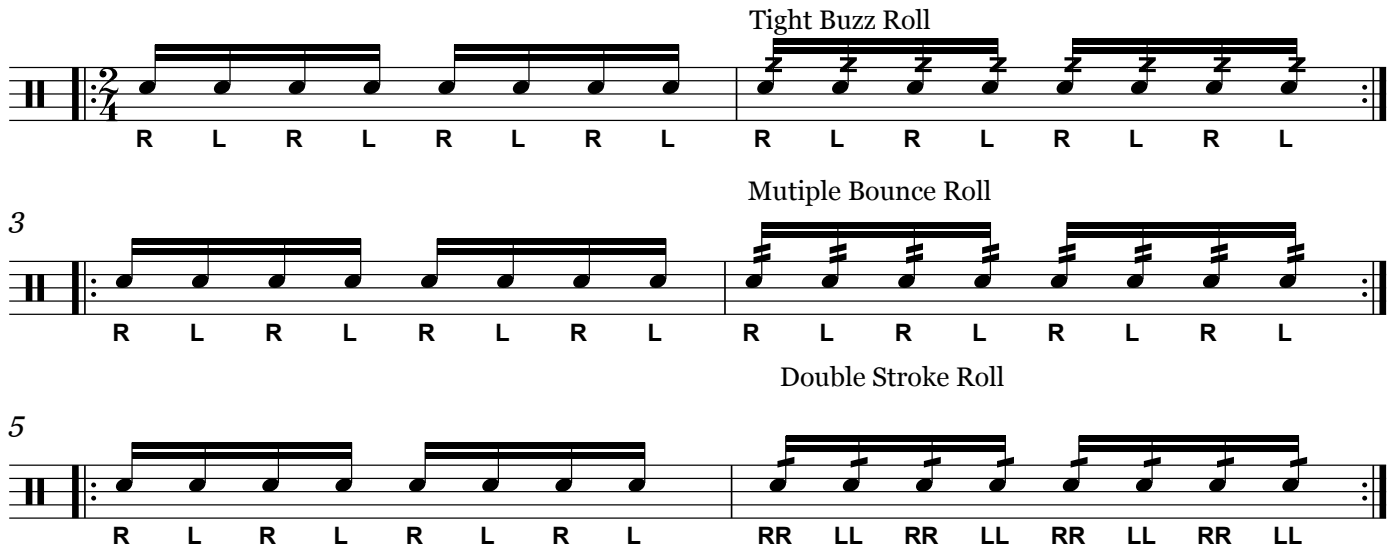


Hand Helpers

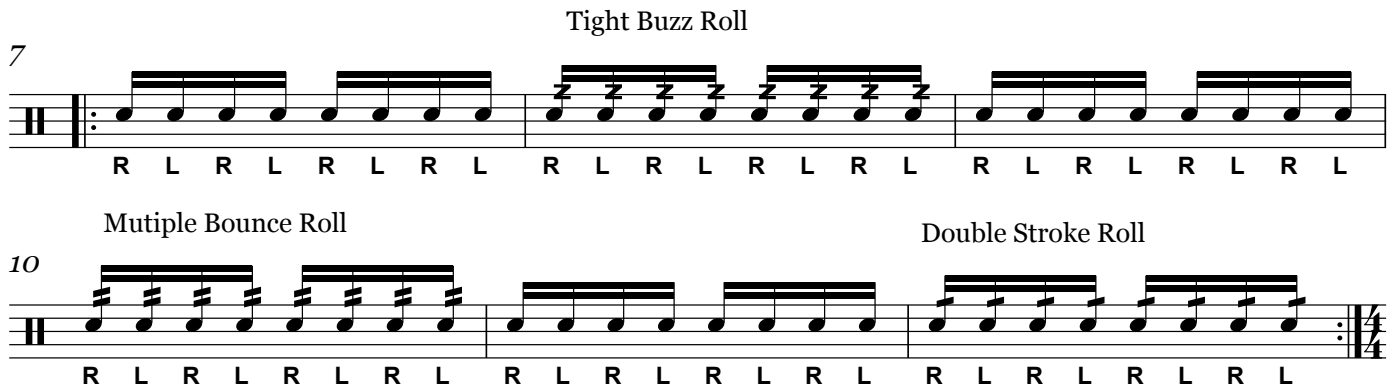
Crazy 8's Breakdown

Chuck Ferrell



Hand Helper musical notation for Crazy 8's Breakdown. It consists of three staves, each with a drum set icon on the left and a 2/4 time signature. The first staff is labeled 'Tight Buzz Roll' and shows a sequence of eighth notes with the rhythm R L R L R L R L, followed by a roll of eighth notes with the rhythm R L R L R L R L. The second staff is labeled 'Multiple Bounce Roll' and shows a sequence of eighth notes with the rhythm R L R L R L R L, followed by a roll of eighth notes with the rhythm R L R L R L R L. The third staff is labeled 'Double Stroke Roll' and shows a sequence of eighth notes with the rhythm R L R L R L R L, followed by a roll of eighth notes with the rhythm RR LL RR LL RR LL.

Crazy 8's



Hand Helper musical notation for Crazy 8's. It consists of two staves, each with a drum set icon on the left and a 4/4 time signature. The first staff is labeled 'Tight Buzz Roll' and shows a sequence of eighth notes with the rhythm R L R L R L R L, followed by a roll of eighth notes with the rhythm R L R L R L R L, and then another sequence of eighth notes with the rhythm R L R L R L R L. The second staff is labeled 'Multiple Bounce Roll' and shows a sequence of eighth notes with the rhythm R L R L R L R L, followed by a roll of eighth notes with the rhythm R L R L R L R L, and then another sequence of eighth notes with the rhythm R L R L R L R L.

Hand Equalizer

2

All exercise are to be played with alternating stockings RLRL.

After learning theses exercises reverse the sticking to LRLR.

13

R L R L R L R L R L R L R L R L R L

14

R L R L R L R L R L R L R L R L R L

15

R L R L R L R L R L R L R L R L R L

16

R L R L R L R L R L R L R L R L R L

17

R L R L R L R L R L R L R L R L R L

The Roll Helper

Mutiple Bounce Roll

18

R L R L R L R L R L R L R L R L R L

19

R L R L R L R L R L R L R L R L R L

21

R L R L R L R L R L R L R L R L R L