

Bass Speed & Control

The image displays eight numbered exercises for bass guitar, arranged in four rows of two. Each exercise is written on a single staff in 4/4 time. The exercises are as follows:

- Exercise 1:** Starts with a 4/4 time signature. The first four measures feature eighth notes with an 'x' on the first string (Fret 1), and the last four measures feature eighth notes with an 'x' on the second string (Fret 1).
- Exercise 2:** Similar to Exercise 1, but the first four measures feature eighth notes with an 'x' on the second string (Fret 1), and the last four measures feature eighth notes with an 'x' on the first string (Fret 1).
- Exercise 3:** Similar to Exercise 1, but the first four measures feature eighth notes with an 'x' on the third string (Fret 1), and the last four measures feature eighth notes with an 'x' on the second string (Fret 1).
- Exercise 4:** Similar to Exercise 1, but the first four measures feature eighth notes with an 'x' on the second string (Fret 1), and the last four measures feature eighth notes with an 'x' on the third string (Fret 1).
- Exercise 5:** Similar to Exercise 1, but the first four measures feature eighth notes with an 'x' on the fourth string (Fret 1), and the last four measures feature eighth notes with an 'x' on the third string (Fret 1).
- Exercise 6:** Similar to Exercise 1, but the first four measures feature eighth notes with an 'x' on the first string (Fret 2), and the last four measures feature eighth notes with an 'x' on the second string (Fret 2).
- Exercise 7:** Similar to Exercise 1, but the first four measures feature eighth notes with an 'x' on the second string (Fret 2), and the last four measures feature eighth notes with an 'x' on the first string (Fret 2).
- Exercise 8:** Similar to Exercise 1, but the first four measures feature eighth notes with an 'x' on the third string (Fret 2), and the last four measures feature eighth notes with an 'x' on the second string (Fret 2).